

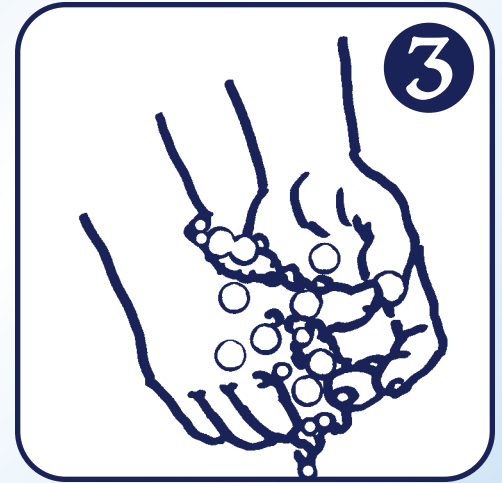
WASH YOUR HANDS



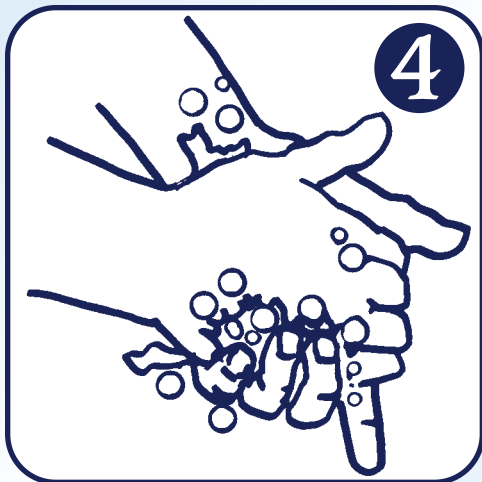
**Start with warm
or hot water**



**Use soap and
make a lather**



**Rub and scrub
thoroughly for
20 seconds**



**Scrub palms,
back of hands,
between fingers
and under
fingernails**



**Rinse well,
and then use
a paper towel
to shut off
the faucet**



**Dry hands
completely**